

10/6/26 "Constipation: Myths, Misconceptions and New Developments"

Presented by: Sarika Aggarwal, MD

Pediatric Gastroenterology
Stanford Medicine Children's Health

Planners expect learners to:

1. Review common myths and misconceptions about constipation.
2. Use updated approaches to patients with constipation.
3. Differentiate normal bowel movements from constipation.
4. Recognize treatment options that address related long-term concerns and complications.

10/13/26 "Advancing Care for Adolescents and Young Adults with Pelvic Inflammatory Disease through Innovation"

Presented by: Maria E. Trent, MD, MPH

Adolescent Medicine
Johns Hopkins Medicine

Planners expect learners to:

1. Review the research and state of science of adolescent and young adult pelvic inflammatory disease (PID).
2. Examine current treatment and management strategies for patients with mild to moderate PID.
3. Recognize optimal care delivery options for patients at risk for PID.

This presentation will not be recorded.

10/20/26 "The Lymphatic Circulation: Understanding and Treating Pediatric Lymphatic Flow Disorders"

Presented by: Gregory Adamson, MD

Clinical Associate Professor Pediatric Cardiology
Lucile Packard Children's Hospital Stanford

Planners expect learners to:

1. Describe the anatomy and physiology of the lymphatic circulation and explain how disrupted flow produces chylothorax, PLE, plastic bronchitis, and chylous ascites.
2. Identify infants and children with suspected lymphatic flow disorders and initiate appropriate workup, including referral for MR lymphangiogram.
3. Identify clinical scenarios where lymphatic disease is misattributed to common diagnoses and examine how diagnostic anchoring may delay recognition and treatment.

10/27/26 "High Blood Pressure in Kids: When to Worry and What to Do Next"

Presented by: Alexandra Bicki, MD

Pediatric nephrologist
UCSF Benioff Children's Hospital San Francisco

Planners expect learners to:

1. Utilize the AAP Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (2017) to define hypertension and acknowledge the value of 24-hour Ambulatory Blood Pressure Monitoring.
2. Apply evidence-based strategies to risk stratify pediatric patients with elevated blood pressure and initiate an appropriate hypertension evaluation in the primary care setting.
3. Identify when referral to subspecialty care is indicated vs. when anti-hypertensive treatment initiation may be considered in the primary care setting.

Grand Rounds is by Zoom only. 8-9 am. Contact cristina.fernandez@ucsf.edu for log-in information

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For CME credit, evaluations must be completed and sent to Cristina.Fernandez@ucsf.edu by 12pm the Friday after Grand Rounds.